

3 - 2ª jornada, 1ª sesión

04/07/2026

Prueba 19  
04/07/2026

Fem., 1500m Libre

Absoluto femenino  
Resultados

Puntos: AQUA 2026

| Clasificación                | AN                  | Tiempo                | RT                    | Júnior Absoluta | AQUA            |
|------------------------------|---------------------|-----------------------|-----------------------|-----------------|-----------------|
| 16 años                      |                     |                       |                       |                 |                 |
| 1. BENITEZ BRITO, Ana        | 10                  | C.N. Metropole        | 19:04.55              | +0,81           | 13,00 12,00 520 |
| 50m: 31.81 31.81             | 450m: 5:28.33 38.82 | 850m: 10:37.77 38.27  | 1250m: 15:50.62 39.09 |                 |                 |
| 100m: 1:07.39 35.58          | 500m: 6:07.04 38.71 | 900m: 11:16.54 38.77  | 1300m: 16:29.45 38.83 |                 |                 |
| 150m: 1:43.70 36.31          | 550m: 6:46.41 39.37 | 950m: 11:55.88 39.34  | 1350m: 17:08.75 39.30 |                 |                 |
| 200m: 2:20.19 36.49          | 600m: 7:25.05 38.64 | 1000m: 12:35.16 39.28 | 1400m: 17:47.51 38.76 |                 |                 |
| 250m: 2:57.44 37.25          | 650m: 8:03.83 38.78 | 1050m: 13:14.38 39.22 | 1450m: 18:26.60 39.09 |                 |                 |
| 300m: 3:33.95 36.51          | 700m: 8:42.50 38.67 | 1100m: 13:53.22 38.84 | 1500m: 19:04.55 37.95 |                 |                 |
| 350m: 4:11.28 37.33          | 750m: 9:21.63 39.13 | 1150m: 14:32.51 39.29 |                       |                 |                 |
| 400m: 4:49.51 38.23          | 800m: 9:59.50 37.87 | 1200m: 15:11.53 39.02 |                       |                 |                 |
| Baja QUINTANA SUAREZ, Miriam | 10                  | Club Natacion Agaete  | -                     | -               |                 |
| 17 años                      |                     |                       |                       |                 |                 |
| 1. ULIBARRI SANCHEZ, Ines    | 09                  | C.N. Las Palmas       | 18:18.04              | +0,78           | 16,00 16,00 589 |
| 50m: 32.12 32.12             | 450m: 5:22.21 37.15 | 850m: 10:18.76 36.86  | 1250m: 15:15.23 37.26 |                 |                 |
| 100m: 1:07.23 35.11          | 500m: 5:59.01 36.80 | 900m: 10:55.73 36.97  | 1300m: 15:52.15 36.92 |                 |                 |
| 150m: 1:43.03 35.80          | 550m: 6:36.21 37.20 | 950m: 11:32.71 36.98  | 1350m: 16:29.22 37.07 |                 |                 |
| 200m: 2:19.00 35.97          | 600m: 7:13.50 37.29 | 1000m: 12:09.42 36.71 | 1400m: 17:06.30 37.08 |                 |                 |
| 250m: 2:55.22 36.22          | 650m: 7:50.63 37.13 | 1050m: 12:46.53 37.11 | 1450m: 17:42.43 36.13 |                 |                 |
| 300m: 3:31.40 36.18          | 700m: 8:27.46 36.83 | 1100m: 13:23.93 37.40 | 1500m: 18:18.04 35.61 |                 |                 |
| 350m: 4:08.24 36.84          | 750m: 9:05.11 37.65 | 1150m: 14:00.85 36.92 |                       |                 |                 |
| 400m: 4:45.06 36.82          | 800m: 9:41.90 36.79 | 1200m: 14:37.97 37.12 |                       |                 |                 |
| 18 años                      |                     |                       |                       |                 |                 |
| 1. JAEN SERRA, Naira         | 08                  | C.D.N. Nadamas Sa     | 18:02.19              | +0,76           | 19,00 19,00 615 |
| 50m: 32.33 32.33             | 450m: 5:14.99 35.64 | 850m: 10:03.28 36.05  | 1250m: 14:59.15 36.92 |                 |                 |
| 100m: 1:06.77 34.44          | 500m: 5:51.20 36.21 | 900m: 10:40.07 36.79  | 1300m: 15:36.77 37.62 |                 |                 |
| 150m: 1:41.63 34.86          | 550m: 6:27.27 36.07 | 950m: 11:16.41 36.34  | 1350m: 16:13.40 36.63 |                 |                 |
| 200m: 2:16.65 35.02          | 600m: 7:03.41 36.14 | 1000m: 11:53.42 37.01 | 1400m: 16:50.99 37.59 |                 |                 |
| 250m: 2:52.51 35.86          | 650m: 7:39.52 36.11 | 1050m: 12:30.69 37.27 | 1450m: 17:26.59 35.60 |                 |                 |
| 300m: 3:27.86 35.35          | 700m: 8:15.50 35.98 | 1100m: 13:08.38 37.69 | 1500m: 18:02.19 35.60 |                 |                 |
| 350m: 4:03.34 35.48          | 750m: 8:51.36 35.86 | 1150m: 13:44.72 36.34 |                       |                 |                 |
| 400m: 4:39.35 36.01          | 800m: 9:27.23 35.87 | 1200m: 14:22.23 37.51 |                       |                 |                 |
| 2. MEJIAS INGLOTT, Valeria   | 08                  | C.N. Las Palmas       | 18:32.17              | +0,87           | 14,00 14,00 566 |
| 50m: 32.67 32.67             | 450m: 5:26.81 36.80 | 850m: 10:25.41 37.43  | 1250m: 15:25.52 37.82 |                 |                 |
| 100m: 1:08.64 35.97          | 500m: 6:04.14 37.33 | 900m: 11:03.15 37.74  | 1300m: 16:03.22 37.70 |                 |                 |
| 150m: 1:44.97 36.33          | 550m: 6:40.87 36.73 | 950m: 11:40.57 37.42  | 1350m: 16:41.06 37.84 |                 |                 |
| 200m: 2:21.94 36.97          | 600m: 7:18.28 37.41 | 1000m: 12:18.20 37.63 | 1400m: 17:18.34 37.28 |                 |                 |
| 250m: 2:58.62 36.68          | 650m: 7:55.50 37.22 | 1050m: 12:55.05 36.85 | 1450m: 17:55.56 37.22 |                 |                 |
| 300m: 3:35.78 37.16          | 700m: 8:32.96 37.46 | 1100m: 13:32.46 37.41 | 1500m: 18:32.17 36.61 |                 |                 |
| 350m: 4:12.54 36.76          | 750m: 9:10.13 37.17 | 1150m: 14:10.00 37.54 |                       |                 |                 |
| 400m: 4:50.01 37.47          | 800m: 9:47.98 37.85 | 1200m: 14:47.70 37.70 |                       |                 |                 |

Prueba 19, Fem., 1500m Libre

Junior Femenino

|                            |               |                   |                 |       |                 |       |     |
|----------------------------|---------------|-------------------|-----------------|-------|-----------------|-------|-----|
| 1. JAEN SERRA, Naira       | 08            | C.D.N. Nadamas Sa | <b>18:02.19</b> | +0,76 | 19,00           | 19,00 | 615 |
| 50m: 32.33 32.33           | 450m: 5:14.99 | 35.64             | 850m: 10:03.28  | 36.05 | 1250m: 14:59.15 | 36.92 |     |
| 100m: 1:06.77 34.44        | 500m: 5:51.20 | 36.21             | 900m: 10:40.07  | 36.79 | 1300m: 15:36.77 | 37.62 |     |
| 150m: 1:41.63 34.86        | 550m: 6:27.27 | 36.07             | 950m: 11:16.41  | 36.34 | 1350m: 16:13.40 | 36.63 |     |
| 200m: 2:16.65 35.02        | 600m: 7:03.41 | 36.14             | 1000m: 11:53.42 | 37.01 | 1400m: 16:50.99 | 37.59 |     |
| 250m: 2:52.51 35.86        | 650m: 7:39.52 | 36.11             | 1050m: 12:30.69 | 37.27 | 1450m: 17:26.59 | 35.60 |     |
| 300m: 3:27.86 35.35        | 700m: 8:15.50 | 35.98             | 1100m: 13:08.38 | 37.69 | 1500m: 18:02.19 | 35.60 |     |
| 350m: 4:03.34 35.48        | 750m: 8:51.36 | 35.86             | 1150m: 13:44.72 | 36.34 |                 |       |     |
| 400m: 4:39.35 36.01        | 800m: 9:27.23 | 35.87             | 1200m: 14:22.23 | 37.51 |                 |       |     |
| 2. ULIBARRI SANCHEZ, Ines  | 09            | C.N. Las Palmas   | <b>18:18.04</b> | +0,78 | 16,00           | 16,00 | 589 |
| 50m: 32.12 32.12           | 450m: 5:22.21 | 37.15             | 850m: 10:18.76  | 36.86 | 1250m: 15:15.23 | 37.26 |     |
| 100m: 1:07.23 35.11        | 500m: 5:59.01 | 36.80             | 900m: 10:55.73  | 36.97 | 1300m: 15:52.15 | 36.92 |     |
| 150m: 1:43.03 35.80        | 550m: 6:36.21 | 37.20             | 950m: 11:32.71  | 36.98 | 1350m: 16:29.22 | 37.07 |     |
| 200m: 2:19.00 35.97        | 600m: 7:13.50 | 37.29             | 1000m: 12:09.42 | 36.71 | 1400m: 17:06.30 | 37.08 |     |
| 250m: 2:55.22 36.22        | 650m: 7:50.63 | 37.13             | 1050m: 12:46.53 | 37.11 | 1450m: 17:42.43 | 36.13 |     |
| 300m: 3:31.40 36.18        | 700m: 8:27.46 | 36.83             | 1100m: 13:23.93 | 37.40 | 1500m: 18:18.04 | 35.61 |     |
| 350m: 4:08.24 36.84        | 750m: 9:05.11 | 37.65             | 1150m: 14:00.85 | 36.92 |                 |       |     |
| 400m: 4:45.06 36.82        | 800m: 9:41.90 | 36.79             | 1200m: 14:37.97 | 37.12 |                 |       |     |
| 3. MEJIAS INGLOTT, Valeria | 08            | C.N. Las Palmas   | <b>18:32.17</b> | +0,87 | 14,00           | 14,00 | 566 |
| 50m: 32.67 32.67           | 450m: 5:26.81 | 36.80             | 850m: 10:25.41  | 37.43 | 1250m: 15:25.52 | 37.82 |     |
| 100m: 1:08.64 35.97        | 500m: 6:04.14 | 37.33             | 900m: 11:03.15  | 37.74 | 1300m: 16:03.22 | 37.70 |     |
| 150m: 1:44.97 36.33        | 550m: 6:40.87 | 36.73             | 950m: 11:40.57  | 37.42 | 1350m: 16:41.06 | 37.84 |     |
| 200m: 2:21.94 36.97        | 600m: 7:18.28 | 37.41             | 1000m: 12:18.20 | 37.63 | 1400m: 17:18.34 | 37.28 |     |
| 250m: 2:58.62 36.68        | 650m: 7:55.50 | 37.22             | 1050m: 12:55.05 | 36.85 | 1450m: 17:55.56 | 37.22 |     |
| 300m: 3:35.78 37.16        | 700m: 8:32.96 | 37.46             | 1100m: 13:32.46 | 37.41 | 1500m: 18:32.17 | 36.61 |     |
| 350m: 4:12.54 36.76        | 750m: 9:10.13 | 37.17             | 1150m: 14:10.00 | 37.54 |                 |       |     |
| 400m: 4:50.01 37.47        | 800m: 9:47.98 | 37.85             | 1200m: 14:47.70 | 37.70 |                 |       |     |
| 4. BENITEZ BRITO, Ana      | 10            | C.N. Metropole    | <b>19:04.55</b> | +0,81 | 13,00           | 12,00 | 520 |
| 50m: 31.81 31.81           | 450m: 5:28.33 | 38.82             | 850m: 10:37.77  | 38.27 | 1250m: 15:50.62 | 39.09 |     |
| 100m: 1:07.39 35.58        | 500m: 6:07.04 | 38.71             | 900m: 11:16.54  | 38.77 | 1300m: 16:29.45 | 38.83 |     |
| 150m: 1:43.70 36.31        | 550m: 6:46.41 | 39.37             | 950m: 11:55.88  | 39.34 | 1350m: 17:08.75 | 39.30 |     |
| 200m: 2:20.19 36.49        | 600m: 7:25.05 | 38.64             | 1000m: 12:35.16 | 39.28 | 1400m: 17:47.51 | 38.76 |     |
| 250m: 2:57.44 37.25        | 650m: 8:03.83 | 38.78             | 1050m: 13:14.38 | 39.22 | 1450m: 18:26.60 | 39.09 |     |
| 300m: 3:33.95 36.51        | 700m: 8:42.50 | 38.67             | 1100m: 13:53.22 | 38.84 | 1500m: 19:04.55 | 37.95 |     |
| 350m: 4:11.28 37.33        | 750m: 9:21.63 | 39.13             | 1150m: 14:32.51 | 39.29 |                 |       |     |
| 400m: 4:49.51 38.23        | 800m: 9:59.50 | 37.87             | 1200m: 15:11.53 | 39.02 |                 |       |     |

Baja QUINTANA SUAREZ, Miriam 10 Club Natacion Agaete - -

Absoluto femenino

|                      |               |                   |                 |       |                 |       |     |
|----------------------|---------------|-------------------|-----------------|-------|-----------------|-------|-----|
| 1. JAEN SERRA, Naira | 08            | C.D.N. Nadamas Sa | <b>18:02.19</b> | +0,76 | 19,00           | 19,00 | 615 |
| 50m: 32.33 32.33     | 450m: 5:14.99 | 35.64             | 850m: 10:03.28  | 36.05 | 1250m: 14:59.15 | 36.92 |     |
| 100m: 1:06.77 34.44  | 500m: 5:51.20 | 36.21             | 900m: 10:40.07  | 36.79 | 1300m: 15:36.77 | 37.62 |     |
| 150m: 1:41.63 34.86  | 550m: 6:27.27 | 36.07             | 950m: 11:16.41  | 36.34 | 1350m: 16:13.40 | 36.63 |     |
| 200m: 2:16.65 35.02  | 600m: 7:03.41 | 36.14             | 1000m: 11:53.42 | 37.01 | 1400m: 16:50.99 | 37.59 |     |
| 250m: 2:52.51 35.86  | 650m: 7:39.52 | 36.11             | 1050m: 12:30.69 | 37.27 | 1450m: 17:26.59 | 35.60 |     |
| 300m: 3:27.86 35.35  | 700m: 8:15.50 | 35.98             | 1100m: 13:08.38 | 37.69 | 1500m: 18:02.19 | 35.60 |     |
| 350m: 4:03.34 35.48  | 750m: 8:51.36 | 35.86             | 1150m: 13:44.72 | 36.34 |                 |       |     |
| 400m: 4:39.35 36.01  | 800m: 9:27.23 | 35.87             | 1200m: 14:22.23 | 37.51 |                 |       |     |

Prueba 19, Fem., 1500m Libre, Absoluto femenino

| Clasificación |                            |         |       | AN    |                      |       |        | Tiempo          | RT    | Júnior Absoluta |          | AQUA  |
|---------------|----------------------------|---------|-------|-------|----------------------|-------|--------|-----------------|-------|-----------------|----------|-------|
| 2.            | ULIBARRI SANCHEZ, Ines     |         |       | 09    | C.N. Las Palmas      |       |        | <b>18:18.04</b> | +0,78 | 16,00           | 16,00    | 589   |
|               | 50m:                       | 32.12   | 32.12 | 450m: | 5:22.21              | 37.15 | 850m:  | 10:18.76        | 36.86 | 1250m:          | 15:15.23 | 37.26 |
|               | 100m:                      | 1:07.23 | 35.11 | 500m: | 5:59.01              | 36.80 | 900m:  | 10:55.73        | 36.97 | 1300m:          | 15:52.15 | 36.92 |
|               | 150m:                      | 1:43.03 | 35.80 | 550m: | 6:36.21              | 37.20 | 950m:  | 11:32.71        | 36.98 | 1350m:          | 16:29.22 | 37.07 |
|               | 200m:                      | 2:19.00 | 35.97 | 600m: | 7:13.50              | 37.29 | 1000m: | 12:09.42        | 36.71 | 1400m:          | 17:06.30 | 37.08 |
|               | 250m:                      | 2:55.22 | 36.22 | 650m: | 7:50.63              | 37.13 | 1050m: | 12:46.53        | 37.11 | 1450m:          | 17:42.43 | 36.13 |
|               | 300m:                      | 3:31.40 | 36.18 | 700m: | 8:27.46              | 36.83 | 1100m: | 13:23.93        | 37.40 | 1500m:          | 18:18.04 | 35.61 |
|               | 350m:                      | 4:08.24 | 36.84 | 750m: | 9:05.11              | 37.65 | 1150m: | 14:00.85        | 36.92 |                 |          |       |
|               | 400m:                      | 4:45.06 | 36.82 | 800m: | 9:41.90              | 36.79 | 1200m: | 14:37.97        | 37.12 |                 |          |       |
| 3.            | MEJIAS INGLOTT, Valeria    |         |       | 08    | C.N. Las Palmas      |       |        | <b>18:32.17</b> | +0,87 | 14,00           | 14,00    | 566   |
|               | 50m:                       | 32.67   | 32.67 | 450m: | 5:26.81              | 36.80 | 850m:  | 10:25.41        | 37.43 | 1250m:          | 15:25.52 | 37.82 |
|               | 100m:                      | 1:08.64 | 35.97 | 500m: | 6:04.14              | 37.33 | 900m:  | 11:03.15        | 37.74 | 1300m:          | 16:03.22 | 37.70 |
|               | 150m:                      | 1:44.97 | 36.33 | 550m: | 6:40.87              | 36.73 | 950m:  | 11:40.57        | 37.42 | 1350m:          | 16:41.06 | 37.84 |
|               | 200m:                      | 2:21.94 | 36.97 | 600m: | 7:18.28              | 37.41 | 1000m: | 12:18.20        | 37.63 | 1400m:          | 17:18.34 | 37.28 |
|               | 250m:                      | 2:58.62 | 36.68 | 650m: | 7:55.50              | 37.22 | 1050m: | 12:55.05        | 36.85 | 1450m:          | 17:55.56 | 37.22 |
|               | 300m:                      | 3:35.78 | 37.16 | 700m: | 8:32.96              | 37.46 | 1100m: | 13:32.46        | 37.41 | 1500m:          | 18:32.17 | 36.61 |
|               | 350m:                      | 4:12.54 | 36.76 | 750m: | 9:10.13              | 37.17 | 1150m: | 14:10.00        | 37.54 |                 |          |       |
|               | 400m:                      | 4:50.01 | 37.47 | 800m: | 9:47.98              | 37.85 | 1200m: | 14:47.70        | 37.70 |                 |          |       |
| 4.            | WOOD MESA, Maria           |         |       | 12    | C.N. Metropole       |       |        | <b>18:46.33</b> | +0,79 | -               | 13,00    | 545   |
|               | 50m:                       | 32.71   | 32.71 | 450m: | 5:33.13              | 37.44 | 850m:  | 10:35.15        | 37.73 | 1250m:          | 15:38.58 | 38.00 |
|               | 100m:                      | 1:09.37 | 36.66 | 500m: | 6:11.30              | 38.17 | 900m:  | 11:13.14        | 37.99 | 1300m:          | 16:17.00 | 38.42 |
|               | 150m:                      | 1:46.13 | 36.76 | 550m: | 6:48.79              | 37.49 | 950m:  | 11:50.86        | 37.72 | 1350m:          | 16:55.18 | 38.18 |
|               | 200m:                      | 2:23.83 | 37.70 | 600m: | 7:26.71              | 37.92 | 1000m: | 12:29.03        | 38.17 | 1400m:          | 17:33.53 | 38.35 |
|               | 250m:                      | 3:01.36 | 37.53 | 650m: | 8:04.60              | 37.89 | 1050m: | 13:06.49        | 37.46 | 1450m:          | 18:10.48 | 36.95 |
|               | 300m:                      | 3:39.87 | 38.51 | 700m: | 8:42.16              | 37.56 | 1100m: | 13:44.65        | 38.16 | 1500m:          | 18:46.33 | 35.85 |
|               | 350m:                      | 4:17.61 | 37.74 | 750m: | 9:19.70              | 37.54 | 1150m: | 14:22.30        | 37.65 |                 |          |       |
|               | 400m:                      | 4:55.69 | 38.08 | 800m: | 9:57.42              | 37.72 | 1200m: | 15:00.58        | 38.28 |                 |          |       |
| 5.            | BENITEZ BRITO, Ana         |         |       | 10    | C.N. Metropole       |       |        | <b>19:04.55</b> | +0,81 | 13,00           | 12,00    | 520   |
|               | 50m:                       | 31.81   | 31.81 | 450m: | 5:28.33              | 38.82 | 850m:  | 10:37.77        | 38.27 | 1250m:          | 15:50.62 | 39.09 |
|               | 100m:                      | 1:07.39 | 35.58 | 500m: | 6:07.04              | 38.71 | 900m:  | 11:16.54        | 38.77 | 1300m:          | 16:29.45 | 38.83 |
|               | 150m:                      | 1:43.70 | 36.31 | 550m: | 6:46.41              | 39.37 | 950m:  | 11:55.88        | 39.34 | 1350m:          | 17:08.75 | 39.30 |
|               | 200m:                      | 2:20.19 | 36.49 | 600m: | 7:25.05              | 38.64 | 1000m: | 12:35.16        | 39.28 | 1400m:          | 17:47.51 | 38.76 |
|               | 250m:                      | 2:57.44 | 37.25 | 650m: | 8:03.83              | 38.78 | 1050m: | 13:14.38        | 39.22 | 1450m:          | 18:26.60 | 39.09 |
|               | 300m:                      | 3:33.95 | 36.51 | 700m: | 8:42.50              | 38.67 | 1100m: | 13:53.22        | 38.84 | 1500m:          | 19:04.55 | 37.95 |
|               | 350m:                      | 4:11.28 | 37.33 | 750m: | 9:21.63              | 39.13 | 1150m: | 14:32.51        | 39.29 |                 |          |       |
|               | 400m:                      | 4:49.51 | 38.23 | 800m: | 9:59.50              | 37.87 | 1200m: | 15:11.53        | 39.02 |                 |          |       |
| 6.            | DE CASTRO URQUIOLA, Helena |         |       | 04    | C.N. Aguacan         |       |        | <b>19:23.91</b> | +0,75 | -               | 11,00    | 494   |
|               | 50m:                       | 33.50   | 33.50 | 450m: | 5:47.01              | 40.00 | 850m:  | 10:59.35        | 38.50 | 1250m:          | 16:11.56 | 39.01 |
|               | 100m:                      | 1:11.13 | 37.63 | 500m: | 6:26.55              | 39.54 | 900m:  | 11:38.20        | 38.85 | 1300m:          | 16:50.85 | 39.29 |
|               | 150m:                      | 1:50.27 | 39.14 | 550m: | 7:05.82              | 39.27 | 950m:  | 12:17.17        | 38.97 | 1350m:          | 17:29.10 | 38.25 |
|               | 200m:                      | 2:29.51 | 39.24 | 600m: | 7:44.61              | 38.79 | 1000m: | 12:56.62        | 39.45 | 1400m:          | 18:08.39 | 39.29 |
|               | 250m:                      | 3:08.73 | 39.22 | 650m: | 8:23.65              | 39.04 | 1050m: | 13:36.08        | 39.46 | 1450m:          | 18:47.21 | 38.82 |
|               | 300m:                      | 3:48.54 | 39.81 | 700m: | 9:02.87              | 39.22 | 1100m: | 14:14.76        | 38.68 | 1500m:          | 19:23.91 | 36.70 |
|               | 350m:                      | 4:27.67 | 39.13 | 750m: | 9:41.88              | 39.01 | 1150m: | 14:53.50        | 38.74 |                 |          |       |
|               | 400m:                      | 5:07.01 | 39.34 | 800m: | 10:20.85             | 38.97 | 1200m: | 15:32.55        | 39.05 |                 |          |       |
| Baja          | RUIZ REYES, Raquel         |         |       | 07    | C.N. Las Palmas      |       |        |                 |       | -               | -        |       |
| Baja          | QUINTANA SUAREZ, Miriam    |         |       | 10    | Club Natacion Agaete |       |        |                 |       | -               | -        |       |